



HELP & CARE FOUNDATION

ANNUAL
REPORT
2019–**20**



ABOUT US

The presenting Annual Report of this organization Help & Care Foundation has been formed by a group of likeminded committed Education. Social and field level activists. The Society was formally registered during the year 2017 under the Haryana Registration and Regulation Act, 2012. The member of the Society largely consists of volunteers who are professionals, teachers, social, and activists. The Society has been active in Haryana. Help & Care Foundation helping the poor children and women for education, and help from the social activity and through of fund all poor people and student in all over in Haryana.

Activities

- ❖ *To Awareness on legal issues*
- ❖ *To Health awareness in Community*
- ❖ *To Environmental Awareness Programme*
- ❖ *To Child Education (Free Tution & Teaching)*
- ❖ *To Art Competition*
- ❖ *To Cloth Distribution*
- ❖ *To Seminar on Women Empowerment*
- ❖ *Checkup Camp*
- ❖ *Books Exhibition*
- ❖ *Talent Test*
- ❖ *Vocational Training*

CONTACT DETAILS

Help & Care Foundation

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BOOKS EXHIBITION

Help & Care Foundation is a non-profit Society that arranged books exhibition with high quality books for children at affordable prices and in multiple Indian languages.

We collect old books as well from donors and provide them free of cost to needy and poor people.

We have organised this exhibition in Gurgaon (Haryana) with good hindi story book, drawing books and some good activity book for children.





WOMEN LEGAL AWARENESS PROGRAMME

The programme envisages one year's consistent efforts and one to one contact with the women living in Haryana districts through various platforms created for the purpose of the women Self-Help-Groups and Legal Awareness Programmes. The programme envisages for support and Counseling so that they are given moral and educational support in times of distress and to fight against their exploitation.

Organized Legal Awareness Camp with 40 Beneficiary to get them aware about laws of women.

VOCATIONAL TRAINING PROGRAMME

*The Organization also has been conducting computer training course with own fund of the Society and providing training on Computer educations and information technology to the 62 number of students and women by the trained and expert staff of the organization. The management group of **Help & Care Foundation** expressed their concern amidst most enchanting cheers to concentrate their entire purpose for implementing the most outstanding and spectacular concept of starting free computer education on Diploma from its own fund. . **Help & Care Foundation** Celebrating 2019-20 as insignia of "New Year Gift" for launching "Free Computer Course for 20 Student in one year. By its own investment with facilities of "Stipend" which is aimed at declaring Computer" in Dist.-Gurgaon.*

Cultural/Talent Activity

Help & Care Foundation works to promote high value of humanity, brotherhood, peace and harmony among people through cultural development activities. It works to create an environment of communal harmony and national integration in its working areas. In this context several activities like-Independence Day Celebration, Republic Day Celebration, Eid Milan samaroh Stage and Street Plays, Help & Care Foundation Annual Day Celebration are being organized in the working areas. Sometimes Organization organizes cultural programme to promote peace messages. Organization also organizes Talent Hut among children and adolescents to make them understand the diversity in Talent in the country. We conduct awareness talks among students on the relevance and significance of different festivals of all religions. It creates a harmonious atmosphere among students as start knowing the importance and significance of the religions.

SEMINAR ON CHILD EDUCATION

One Day Seminar on child Education was organized by the Society. Child labour and children's right to education are also closely linked. Parents may involve their children in labour rather than school because the school is inaccessible, or is of poor quality and therefore not seen as being worth the investment of their children's time. Indeed, there is broad consensus that the single most effective way to stem the flow of school age children into work is to extend and improve access to school, so that families have the opportunity to invest in their children's education and it is worthwhile for them to do so. With no access to quality education, millions of children are left to work, often in dangerous and exploitative conditions.

Free Blanket Distribution

Every year many homeless die in the freezing winters in North India and one blanket will help a lot for them to survive in the colder night of the winter. On the first day of 2019-2020 People - Help & Crae Foundation organized the Blanket Distribution Programme at Gurgaon. All the members of Society actively participated in the Blanket Distribution program and donated the warm blankets and old clothes to poor and needy including many children's. All the members of the Society are very excited from the successful of the first event (Blanket Distribution). Help & Crae Foundation anchored this Samaritan offer thanks to benevolent donors. For short received a few frantic calls from leading NGOs seeking immediate supply of blankets and warm clothing's for the benefit of leprosy and TB patients located in Gurgaon. Help & Crae Foundation mounted a massive effort to contact prospective donors seeking their immediate response. The response was indeed overwhelming.

HEALTH CHECKUP CAMP

Help & Care Foundation has conducted another medical camp at Gurgaon (Haryana.). It was held in the slum schools of both places. Doctors conducted the medical camp. It was a great success. Many from the surrounding areas visited this camp and got the necessary medication. Another eye-check up camp was organized.

Through our Health Care Programme we provide a variety of healthcare services belonging to unprivileged and poor people living in slum areas.

Medically qualified personal were provided through personal contacts and some volunteered patients with not so serious ailments were provided medical treatment on the spot and given medicines. Serious patients were enrolled for continuing with their treatment. In some cases hospitalization was arranged in neighborhood hospital.

FREE TUITION AND NON FORMAL EDUCATION

HELP & CARE FOUNDATION has established a non-formal education center on temporary base for providing quality education to the deprived / underprivileged children & address the nutritional & other health care needs through monthly health camps. Our organization has provided education in rural area of Gurgaon.

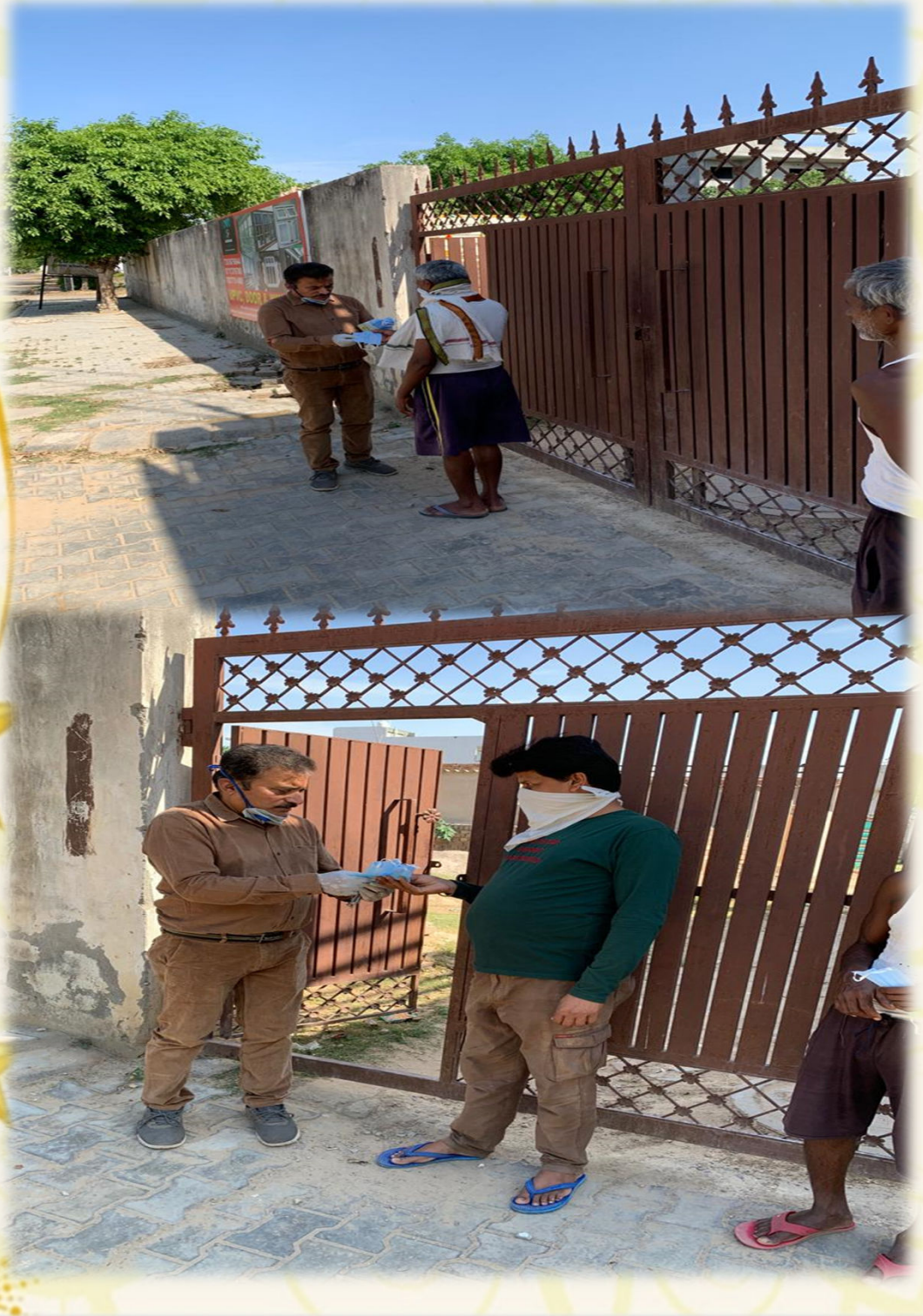
Every day, two hours in the afternoon, we conduct free tuition and teaching to almost 150 children. We teach them class wise and prepare them for examination. Many Children who are completed their school education still they visit the center.

ENVIORNMENT AWARENESS PROGRAMME

The main objective of this program is to make the people aware of the necessity of protecting the environment. We also spoke to people on planting tree and when everyone agreed we organized a day to planting at least a tree each. For the betterment of our environment we took up turns to clean up the streets, planted some trees. We also held a campaign saying NO TO PLASTIC BAGS. We made paper bags with the old paper.



Covid-19 Gallery













RNI No. HARHIN/2012/48353

हरियाणा का सर्वाधिक पढ़ा जाने वाला अखबार

पृष्ठ 8 वर्ष : 09 अंक : 8

हरियाणा

मूल्य : 5 रूपये

आज तक गुडगांव

बना हरियाणा का नंबर 1 अखबार

हरियाणा साप्ताहिक

बृहस्पतिवार, 7 मई, 2020

हेल्प एंड केयर फाउंडेशन जरूरतमंदों को कर रहा खाना वितरित

सतबीर भारद्वाज की कलम से गुरुग्राम। (आज तक गुडगांव)। गुडगांव में लॉकडाउन के दौरान हेल्प एंड केयर फाउंडेशन जरूरतमंदों लोगों को खाना वितरित कर रहा है। पिछले एक महीने से लगातार जरूरतमंद लोगों के लिए खाना मुहैया करवाने के लिए आगे आ रहा है। फाउंडेशन के अध्यक्ष विक्रमजीत ने बताया कि वे खाद्य सामग्री व अन्य घरेलू वस्तुओं को योजना पहुंचाया जा रहा है। उन्होंने कहा कि गुडगांव जिला प्रशासन का भी इस कार्य में सहयोग लिया जा रहा है। उन्होंने कहा कि उनका फाउंडेशन जहां भी जरूरतमंद खाने के लिए डिमांड करते हैं, वहां पर खाना पहुंचाने में सक्षम है। उनके फाउंडेशन का जैसा नाम है, उसी तरह का काम है। हेल्प एंड केयर फाउंडेशन इसी तर्ज पर रखा गया है, जहां भी कोई जरूरतमंद हो, उसकी मदद करें।

